

## **Children's Services Scrutiny Committee**

Meeting to be held on Wednesday, 6 September 2017

Electoral Division affected: (All Divisions);
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### **School Nursing**

Contact for further information:

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#### **Executive Summary**

Since 1 September 2014 School governing bodies are required to make arrangements to support pupils at school with medical conditions. The aim is to ensure that all children with medical conditions, in terms of both physical and mental health, are properly supported in school so that they can play a full and active role in school life, remain healthy and achieve their academic potential. Public Health Nursing provision made by Lancashire County Council and Specialist School Nursing which is a joint responsibility between CCG's and NHS England provide additional support to schools in respect of this.

#### **Recommendation**

The report is presented for information and comment as appropriate.

### **Background and Advice**

#### **Introduction**

There are two separate types of school nurses, specialist school nursing support which is provided by Clinical Commissioning Groups' (GP'S) and public health nursing which is the responsibility of Lancashire County Council.

#### **Specialist School Nursing**

Commissioning clinical support for children with additional health needs or long-term conditions and disabilities, clinical support for enuresis or incontinence lies with NHS England and clinical commissioning groups, to ensure co-ordinated support.

Clinical commissioning groups (CCGs) were created following the Health and Social Care Act in 2012, and replaced Primary Care Trusts on 1 April 2013. CCGs are clinically-led statutory NHS bodies responsible for the planning and commissioning of health care services for their local area. There are 6 CCGs across the Lancashire County Council (Lancashire-12) area. All GP practices belong to a CCG, but groups also include other health professionals, such as nurses.

CCGs commission most of the hospital and community NHS services in the local areas for which they are responsible. Commissioning involves deciding what services are needed, and ensuring that they are provided. Commissioning is about getting the best possible health outcomes for the local population, by assessing local needs, deciding priorities and strategies, and then buying services on behalf of the population from providers such as hospitals, clinics, community health bodies, etc. CCGs are responsible for the health of their entire population.

### **CCG's commission:**



### **Special Needs School Nursing Service:**

The special needs school nursing service exists to provide skilled evidence based care to all special needs children and their families in the special school settings, providing support for the parents, carers and school staff in meeting the health needs of children with complex needs

- Providing holistic care for all children with special needs registered to a special school
- Supporting special school staff by providing appropriate training around specific nursing needs and tasks.
- Working in partnership with other agencies statutory, private and voluntary sectors in order to meet the complex health needs of children registered to a special school and their families throughout East Lancs.
- To promote social inclusion with children at special school for families that through disability find themselves disadvantaged.
- Acting as key worker for children registered at special school and their families
- To identify those children who are at risk of being harmed either physically or emotionally and act accordingly in line with child protection policy.
- To contribute to the Common Assessment Framework and Team around the Child process to ensure that children's additional and safeguarding needs are fully identified and communicated. To identify those children who are at risk of being harmed either physically or emotionally and act accordingly in line with child protection policy.
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How to access the service:

All Children Attending One Of The 12 Special Needs Schools Will Have Access To The Special Needs School Nursing Service. There is no referral process.

Care pathways include:

- Entry into school
- Assessment
- Care planning
- Review
- Condition specific
- Discharge /Transition Planning

Where the service is provided:

The service is provided in the special needs schools as listed below;

- Pendle Community High School and College – Oxford Road, Nelson
- Pendle View Primary – Gibfield Road, Colne
- Ridgewood Community High School – Eastern Avenue, Burnley
- Hollygrove School – Barden Lane, Burnley
- White Ash – Thwaites Road, Oswaldtwistle
- Broadfield – Fielding Lane, Oswaldtwistle
- Newfield - Blackburn
- Sir Tom Finney – Blackpool Road, Preston
- Acorns – Blackpool Road, Preston
- Coppice – Ash Grove, Bamber Bridge
- Mayfield- Gloucester Road, Chorley

and



**Blackpool Teaching Hospitals**  
NHS Foundation Trust

### **Fylde and Wyre Areas**

Pear Tree School

Red Marsh School

Whitegate Drive HC

Blackpool Victoria Hospital

### **Lancaster Areas**

Bleasdale School

Loynes School

Ryelands School

**Lancashire County Council is responsible for:**

**Universal School Nursing & Public Health Nursing**

5-19 Years Universal School Nursing
<p>The School Nurse Service will offer the 4-5-6 core framework of the Healthy Child Programme (HCP) to the school aged population of children (5-19 years) and their families in Lancashire, with public health nursing support for young people with SEND up to 25 years.</p>
<p>The Service will provide a named School Nurse to all educational establishments within the Lancashire 12 districts and will also provide a HCP offer to children and young people who are not educated in mainstream provision, those children missing education, or those educated at home.</p>
<p>The Service will be led by School Nurses and supported by skill mix teams for all children, young people and families. School Nurses have caseload responsibility.</p>
<p>The Service will ensure expert advice and support is available locally, in a variety of formats, including face to face contact, provision of school health drop-ins and use of innovative digital technology means. It will be provided by appropriately qualified staff to enable children and young people and families to sustain a secure environment which supports emotional resilience and good physical and mental health.</p>
<p>The Service will offer the 5 health reviews for school aged children in order to provide further assessment, provide targeted support or provide early intervention to address need and improve outcomes. The Service will:</p> <ul style="list-style-type: none"><li>• Review child health at entry into reception.</li><li>• Review child health at year 6 (identifying transition support for secondary school).</li><li>• Review child health at mid teen (transition to adolescence).</li><li>• Provide an offered review for young people aged 16 years with identified need or those who are receiving universal plus or partnership plus support or those young people who require support in regards to health needs at sixth form, college, further education training or apprenticeships.</li><li>• Provide a review and support for those young people who require support to ensure smooth transition to any health or social adult services.</li><li>• Immunisation status will be checked at health reviews and immunisation uptake promoted.</li></ul>
<p>The Service is required to provide strategic public health support to Lancashire schools to promote settings based approaches which improve the health and wellbeing of the school population. The successful Service will be required to provide school level health reports based from either the year 6 or year 9 health questionnaires. These reports will be anonymised to a population data level, which is summarised for each individual school. The Service will work with LCC in order to use the LCC secure platform that generates health questionnaires and produces anonymised summary reports. The Service is expected to have a policy in place to undertake this process within all local schools, and this will include consent, information governance processes and operating processes. The School Nurse will provide individual guidance to schools that reflects the individual school profile that is produced to promote and support the Healthy School and Healthy Settings principles and approaches.</p>
<p>The Service will promote health and development by focusing upon the six high impact areas for 5-19 year olds.</p>
<p><b>The Service will ensure universal provision supports promotion of resilience and emotional wellbeing for school aged years:</b></p> <p>The Service will integrate emotional health and wellbeing questions within universal reviews and assessments to ensure early identification of those in need.</p> <p>It will provide further holistic assessment as individually indicated, provide universal plus support, use</p>

strengths and difficulty approaches, building resilience, evidenced based family centred support- as individually indicated and signpost to specialist services as necessary.

**The Service will ensure universal provision supports promotion of reducing risky behaviours for school aged years:**

- School Nurses will include early identification of risk taking behaviours within health review questionnaires and assessment
- The School Nurse Service will provide related health promotion, information, advice and action planning, on an individual level and necessary guidance to schools will be included in school profiling as indicated.
- The School Nurse Service will contribute to an increase in smoking cessation rates in children and young people it works with by providing early intervention advice/brief intervention and actively referring to the Lancashire Tobacco and Nicotine Addiction Treatment Service.
- The school nursing Services will be aware of local support services for signposting and providing further individual support.

**The Service will ensure universal provision supports promotion of improving lifestyles for school aged years:**

- School Nurses will include early identification of lifestyle issues within health review questionnaires and assessment.
- The School Nurse Service will provide related health promotion and healthy lifestyle information, advice and action planning, on an individual level and within guidance, regarding individual school profiling as indicated.
- The School Nurse Service will promote uptake of the National Child Measurement Programme (NCMP) and undertake the delivery according to National Guidance. It will promote referrals to local Active Lifestyle and Healthy Weight services (ALHW) for children identified as overweight or obese.
- The School Nurse Service will promote Change 4 life resources to communities, families and schools.

**The Service will ensure universal provision supports promotion of maximising learning and achievement for school aged years:**

- Handovers for reception aged children that are receiving universal plus, or partnership plus support from the health visiting Service will be handed over to the School Nurse Service when most appropriate for individual family needs and when transition into school can be seamless.
- The school nursing Service will offer all parents/carers of reception aged children a health needs questionnaires in order to identify families that require early intervention.
- The School Nurse Service will build resilience in young people by promotion of self-care, health literacy and prevention of illness and accidents.
- The School Nurse Service will triage 5-19 years children's and young people's accident and emergency attendance, and arrange follow-up as required or as requested. The Service will include pro-active follow-up of children attending A&E where the child is a Children in Need (CIN) or on a Child Protection Plan (CPP), are a Looked after Child or Care Leaver, or those who have had 3 or more attendances at an Emergency Department or Urgent Care Centre in a 12 month period, as a minimum.

**The Service will ensure universal provision supports complex and additional health and wellbeing needs for school aged years:**

- School Nurses will support schools with their responsibility to ensure health care plans are in

place for children and young people with medical needs at school, ensuring primary and secondary prevention ensures child health outcomes are improved and they get the most out of the educational provision.

- School Nurses will provide training to schools that supports a schools ability to adopt a care plan into the school setting.
- The School Nurse will provide an advisory role to school regarding health matters, medicine management and health promotion.
- The 5-19 Service will provide enhanced 'Public Health Nursing' secondary prevention support for children and families identified as SEND or with physical or learning difficulties, disabilities, emotional or behavioural difficulties. The service will be required to ensure service provision responds to service requests as part of assessment or their contribution to EHC plans - either new or review assessments. This will follow the local pathway, timelines and uphold the national SEND reforms. Contributions to plans will remain outcome focussed. With parental consent any health care plans will be linked into the education health care plans.
- The School nursing Services are expected to have partnership working arrangements with schools, Special Educational Needs Coordinators (SENCO's), community children's nursing services, paediatric services, specialist school nursing services, and paediatric services from tertiary centres in order to improve children's health outcomes and embed primary prevention into existing care packages.
- The service will provide Tier 1 continence information and advice for nocturnal enuresis and constipation. This may include providing information and advice on toileting, diet, fluids, and rewards. If further assessment or treatment is required or needs are identified, referral will be offered/ arranged to local specialised services, general practitioners or paediatricians.

**The Service will ensure universal provision supports seamless transition and preparation for adulthood:**

- The service will work with partners to deliver targeted drop-ins in schools, colleges and neighbourhood centres to make sure young people have access to confidential health information and support.
- The service will use social media to deliver health messages, promote services and offer accessible confidential advice that is acceptable to the young people using them, for example, a texting health advice service.
- The service will ensure young people are aware and confident in how to access health services in their community
- The service will ensure the service achieves the standards of "You're Welcome" quality criteria.
- The service will provide any necessary support for young people who will move from children's to adults' services, promoting seamless transitions with partner health and social care practitioners.

**Consultations**

N/A

**Implications:**

This item has the following implications, as indicated:

## **Risk management**

There are no risk management implications arising from this item.

## **Local Government (Access to Information) Act 1985**

### **List of Background Papers**

Paper	Date	Contact/Tel
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Reason for inclusion in Part II, if appropriate

N/A